THE LAMP

1957

Be strong

We are not here to play
to dream, to drift
We have hard work to do
and loads to lift
Shun not the struggle
face it: 'tis God's gift.

I have promises to keep
and miles to go before I sleep
and miles to go
before
I
sleep
— Robert Frost

The Lamp 77

"These Shoes Are Mine"

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A
71.809755
LAMP
1977

Copy 1

ECHOES OF AGE

IN THAT OL' PARKER HOME,
ALL THE DEDICATED HEARTS
THAT CLIMBED THAT CIRCULAR STAIRWAY
AND THREE YEARS LATER,
WALKED OUT THE FRONT DOOR WITHOUT
SIGNING OUT!

ALL THOSE GIVING HEARTS
THAT CARED, CRIED, AND STUDIED
FOR THOSE WHO AILED, ACHED,
AND NEEDED,

WE HUMBLY DEDICATE THE RESULTS
OF CARING AND GIVING TO THE
PORTSMOUTH GENERAL HOSPITAL
SCHOOL OF NURSING ALUMNI.

THESE SHOES ARE MINE

These shoes . . .
Walked with her
To begin - the flame was lit;
  the cap, how it fit;
  one thin stripe,
  Oh, we didn't sit, not then!
  There were so many things -
    new beginnings,
    fresh crisp uniforms,
    faces so strange,
    so much to know, and see, and share!
Then, a coat of polish and
  the smell of soap on my laces,
  those new faces were beginning to be
  a part of me.
A leaf fell -
Fall's lovely grandeur was almost complete
I had a few wrinkles and began to wear well
I was there as she made that bed -
  corners squared, pillow fluffed, how she
  cared!
I watched her turn that dear ol' man,
I bear the weight as best I can.
Learning, doing, I walked and walked.
She rested me when she would sit and
  chart.
Late at night I sat as an obedient pup,
Watching her study: "120 cc in a cup,"
  Trendelenburg is up,
  Sphygmomanometer -
    blood pressure cuff . . .

Freshmen

Dixie Ambrose

PHOTO NOT AVAILABLE

Jayne Bissette

Arlene Bowling

PHOTO NOT AVAILABLE

Sylvia Broughman

PHOTO NOT AVAILABLE

Nancy Cartwright

NOT SHOWN

Catherine Connell

PHOTO NOT AVAILABLE

Anna Dekker

Dorothy Drake

Ronald Farley

Barbara Forrest

Karen Gabriel

Kathleen Gosnell

Karen Kube

Constance Laughbaum

Marion Lockwood

Ling Niu

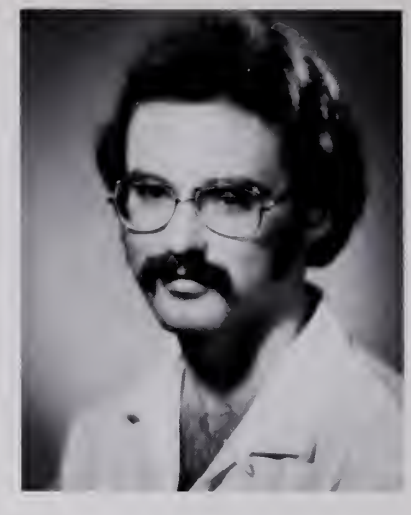
Mary Purefoy

ABSENT WHEN PICTURES WERE MADE

Wanda Redd

Catherine Saunders

Janet Savage



Robert Stein

Deborah Swarmer

Marsha Taylor

Cindy Thomas

Vivian Walters

Mrs. Futrell - Class Advisor

Ron Farley - Parliamentarian

Karen Gabriel - Vice Pres.
Karen Kube - Secretary

Freshman Class Officers

Wanda Redd - Treasurer
Bob Stein - President

Cindy Thomas - Historian

These shoes . . .
Waited - til I heard her down the hall
It was fall!!
And she was back -
To put me on again.
I'm really showing my age -
Lots of wrinkles now,
and my laces are weak,
Arthritis in my supports.
Extra weight is added to me -
Two stripes on that not-so
permanent press cap.
She doesn't care!
She is filled with the zest of life
and the new year -
The Specialties.
I got to rest when that freckle-faced kid
gave her the measles,
But I sure was tired standing and
standing during OR -
scapel
clamp, not mosquito
hemostat - straight
She left me behind when she went to
the Psychiatric Center - she
didn't have to wear her nurses clothes
and me.
But she missed me - I heard her say so!
Back on her feet, I went to have those
babies -
Moms smiling
Babies crying
Slurp, slurp - Ummm!
We were old friends now.
No face was strange.
We felt good about that.
I knew it wouldn't change . . .

Juniors

Carolyn Barrow

Paula Bryant

Deborah Cobb

Karen Collins

Joetta Cutler

Mari Flis

Carolyn Gayle

Laura Gibbs

Beverly Halsey

Shawn Huffman

Karen Lehnert

Nan Llewellyn

Laura McAndrew

Lisa Meacham

Vickie Pierce

Norma Pond

Brenda Porter

Nancy Stamper

Wayne Weatherly

Ava Wilson

Junior Class Officers

Standing, L. to R.
Jeanie Barrow - Secretary
Mrs. P. King - Advisor
Karen Collins - Treasurer
Laura Gibbs - President
Sitting, L. to R.
Brenda Porter - Parliamentarian
Nan Llewellyn - Historian
Laura McAndrew - Vice Pres.
Norma Pond - Proj. Chairman

Laura Gibbs participating at Red Cross Blood Drive.

Lisa Meacham working at Blood Pressure Screening.

These shoes . . .
Are tired now,
One more year to go!
And one BIG stripe
Gee, I'm tired, and she's so proud of me,
and that faded uniform
and that wonderful, wonderful stripe.
My laces are new - she gave me a
little plastic surgery during the summer -
New laces (prothesis),
Heel-oplasty,
And a brand new polish that won't crack.
But underneath, she's tired and so am I -
We know it's about over for me,
and just beginning for her
Such skill with those poor sick people -
A gentleness,
She turns them,
And rubs their backs -
She knows now without asking . . .

Seniors

Robin Alewine

A dream grows stronger, If you can hold on a little longer.

Linda Baggett

Let us not desert the ship in the tempest because we can't control the winds.

Barbara Broughman

A winner never quits and a quitter never wins.

Emma Ellis

Success is - PERSEVERANCE × patience + determination ability.

Kathleen Evans

Things may always stay the way they are, still I look for a change from time to time.

Linda Free

Accept me for what I am, appreciate me as myself - For I am me and nothing else.

Terry Hogue

Happy are those who dream dreams and are ready to pay the price to make them come true.

Lee Howard

That best portion of a man's life is his little nameless unremembered acts of kindness and of love.

Kristin Livingston

May he make of us what he would have us be.

Bonnie Nuckols

There is a destiny that makes us brothers; none goes his way alone. All that we send into the lives of others comes back into our own.

Susan Rea

It is only through labor and prayerful effort, by grim and resolute courage, that we move on to better things.

Norma Voss

If I can put one touch of a rosy sunset into the life of another person, then I shall feel happiness.

Carrie Warren

May I be the kind of nurse that I would like to care for me.

Ellen Womersley

Adopt the pace of nature; her secret is patience.

Belinda Zirnheld

Friendship makes the rough road smooth.

Not Pictured - Linda Joyner.

Senior Class Officers

Sitting, L. to R.
Terry Hogue - Secretary
Robin Alewine - Parliamentarian
Kris Livingston - Treasurer
Bonnie Nuckols - Proj. Chairman
Mrs. Brown - Advisor
Lee Howard - Vice Pres.
Bobbi Broughman - Historian
Kathy Evans - President

We knew we would look professional one day!

Even when we are on break we have to wait!

One more test like that and we quit!!

Future senior?

Senior Superlatives

Most Unpredictable — Robin Alewine

Best All Around — Linda Baggett

Most Artistic — Bobbi Broughman

Most Likely to Succeed — Emma Ellis

Most School Spirited — Kathy Evans

Most Mischievous — Linda Free

Most Determined — Terry Hogue

Most Dedicated — Lee Howard

Most Domestic — Linda Joyner

Best Dressed — Kristin Livingston

Wittiest — Bonnie Nuckols

Most Sincere — Susan Rea

Most Individualistic — Norma Voss

Most Inquisitive — Carrie Warren

Most Dependable — Ellen Womersly

Most Easy Going — Belinda Zirnheld

Last Will and Testimony

I, Robin Alewine, leave my outstanding untarnished reputation and professional attitude to any deserving freshman.

We, Linda Baggett and Bonnie Nuckols, do hereby leave our outstanding ability to procrastinate before a test, and the ability to brainwash others that studying before 10:00 p.m. can be detrimental to your health.

I, Barbara Broughman, do hereby leave to any upcoming senior student a six weeks Leave of Absence - with option to return whenever necessary, and to anyone with enough dedication to return, I wish you all the nerve, determination, understanding and will power necessary to complete training.

I, Emma Ellis, leave to my little sister, Mary Purefoy, my patience and durability to withstand all of the pressures associated with becoming an R.N.

I, Kathy Evans, leave one pharmacology book to a junior to make as many paper dolls as she wishes.

I, Linda Free (Freezy Weezy), do hereby leave . . . gladly!

I, Terry Hogue, do hereby leave the ability to maintain under stress and to stay on the edge of a nervous breakdown without falling off.

I, Lee Howard, being of sound mind and body, do hereby leave to Mrs. Betty Jane Jackson one monstrous black cricket in a jar of formaldehyde in remembrance of a unique "Learning Experience" with catheterization.

I, Kristin Livingston, do hereby leave my blue and white marshmallow uniform with the rubberband in the middle to any full-figured freshman that needs it.

I, Susan Rea, leave one pack of birth control pills to any "married junior," so you can finish on time.

I, Norma Voss, leave Portsmouth General Hospital to anyone who can tolerate the see saws of encouragement vs. discouragement, satisfaction vs. dissatisfaction, contentment vs. worry, and sanity vs. insanity.

I, Carrie Warren, would like to leave to Ling Niu success and determination to become a good nursing student.

I, Ellen Womersley, do hereby leave one LIPPINCOTT MANUAL to Janet Savage in hope that it helps her with care plans as much as it has helped me.

I, Belinda Zirnheld, hereby leave Joetta Cutler and Karen Gabriele any peeping toms, "peek-a-booers," or otherwise strange people to do with what they will.

She's really quite good - I'm proud of her!
Soon she talks of a new white uniform
  with long sleeves,
  Pictures with a BLACK stripe on her cap,
  And I'm sure there'll be a new me - she
    hasn't said.
She laughs a lot now,
  One hundred and fifty-day party (gee, that's all the time
    that's left)
Christmas dance! . . .

Faculty

Administration

Mr. Robert Peery
Hospital Administrator

Mrs. Lois Daniels, R.N., M.S.
Director
School of Nursing

Mrs. Margaret Brown, R.N.
Instructor

Mrs. Susan Clark, B.S.N.
Instructor

Mrs. Elsie Futrell, R.N., M.S.
Instructor

Mrs. Betty Jackson, B.S., A.S.
Instructor

Miss Mary Jo King,
R.N., M.S.
Instructor

Mrs. Pauline King,
R.N., B.S., N.E.
Instructor

Mrs. Elizabeth Warrington,
R.N.
Instructor

Mrs. Linda Williams,
B.S.
Instructor

Mrs. Sallie Dellinger
Librarian

Mrs. Shirley Smith
Secretary

Mrs. Bowen — Housemother

Mrs. Gregory —
Housemother

Mrs. Parker — Housemother

Mrs. Stublin — Housemother

Did he call? Great!
Hustle, bustle with bibs and Seminars,
Review, get ready for NLN's.
STATE BOARDS! OH, ME!
Did he call - WOW!
She walks down the hall differently now -
Guess it's being a senior.
Maybe it's the plans, "after we graduate,"
Maybe it's getting a paycheck for the first time . . .

Classes

ODU

Hey! Is he coming with us?

That stuff's Greek to me.

I never knew an ear was so complicated.

So THIS is Webb Center.

That many tests in one week?

I still can't find the answer.

Oh no! I forgot about the test!

Who can study in here?

What is Mrs. Bagley talking about?

I THOUGHT I was ready for that test.

He's got to be kidding.

I want a lollipop, too.

Fundamentals

A working nurse-patient relationship.

Mrs. Brown, Fundamentals instructor.

I hear it gets easier.

Mrs. Williams, instructor.

The group with their new caps.

He finally wrote me.

Good nutrition is essential.

Work is such a breeze.

When will they ever learn?

Another clock watcher.

I've got just as much work as you.

More paper work.

Drugs and Solutions

X mg. equals how many grams?

Revenge at last!

I got an "A" for the day.

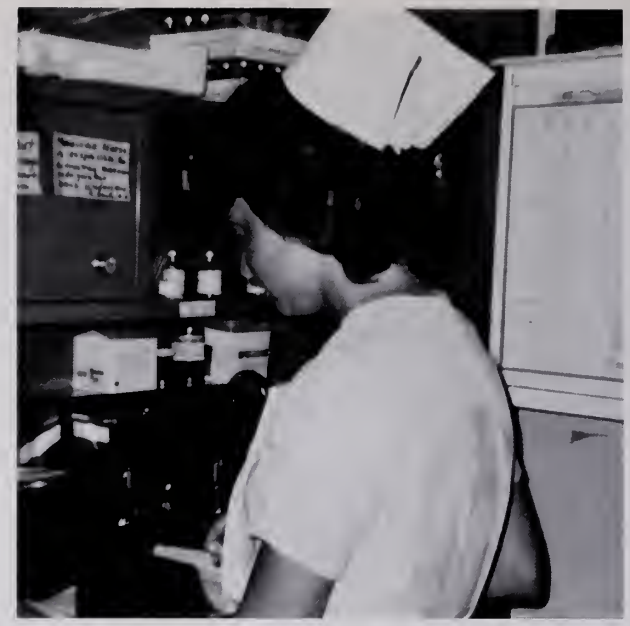
That's strange. My answer was different.

Where do they get all the handouts?

My report is first!

Med-Surg I and II

. . . and this is a Pleuravac . . .



How many grains does she get?

I should have started an hour ago! I'll never get through.

So that's what a spleen looks like!

. . . 81, 82, 83, 84 . . .

Mrs. Ellis, R.N., Infection control nurse.

Mrs. Sulliven, RN, Head Nurse, EIV.

. . . and this corner goes like this . . .

Those little gtts are hard to count!

Dr. Kunkle checking out a casualty.

Glad that's not my leg.

How do you put this crazy thing on?

Mrs. Retzloff, RN, former head nurse on EP III.

And away we go!!

I'll never volunteer again!!

Dr. Jekyl and associates.

This is the 3rd time I've filled this pitcher.

Hi, there!

She's our student for today.

Mrs. C. Early, RN, Head Nurse EII.

That was a good lunch.

We'll help you and your prosthesis.

Mrs. Adams, RN, Head Nurse EIII.

Those eyes look familiar.

Mrs. Broughton - Head Nurse, E.P. IV.

Here's a job you girls can handle.

Mrs. Lee - Head Nurse - CCU
A "Beeper" Specialist

Come on Nan, scrub faster!

About your care plan . . .

You expect me to move this by myself?

Pediatrics

Mrs. J. Wilke, Head Nurse
Pediatrics

Is it that time already?

OK, ya'll follow me!

I haven't done this in years!

I'm leaving, it's too crowded in here!

I needed this break - bad!

OB — G.Y.N.

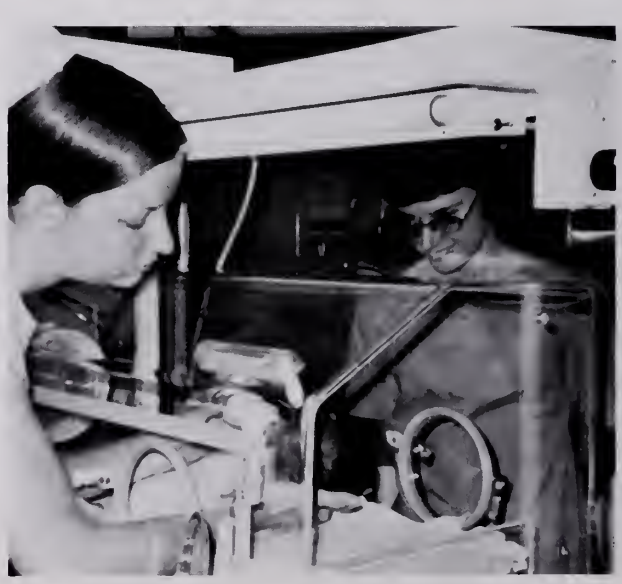
Miss M. J. King, RN, Instructor.

Somebody's got some Tace to borrow from. (I hope.)

Mrs. Nevins, Head Nurse, Del. Rm.

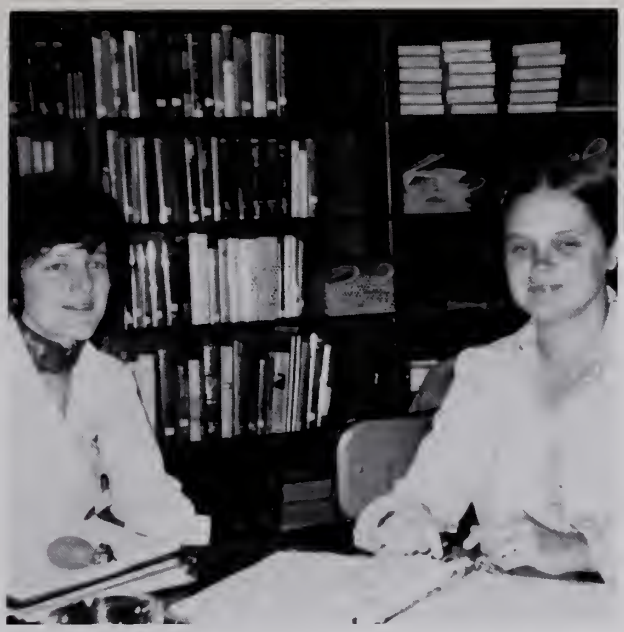
Mrs. Olin, Head Nurse, OB Unit.

"And the Mama Bear said . . ."



Mrs. Tucker, Head Nurse, Nursery.

Psychiatric Nursing



Ms. Lois Goldman, RN, and Ms. Mabel Gilmore, RN, instructors.

Portsmouth Psychiatric Center

Post-exam blues?

Coffee and keys - two necessities.

Schizophrenia - it's here somewhere!

Ms. Barbara Mark, RN, instructor.

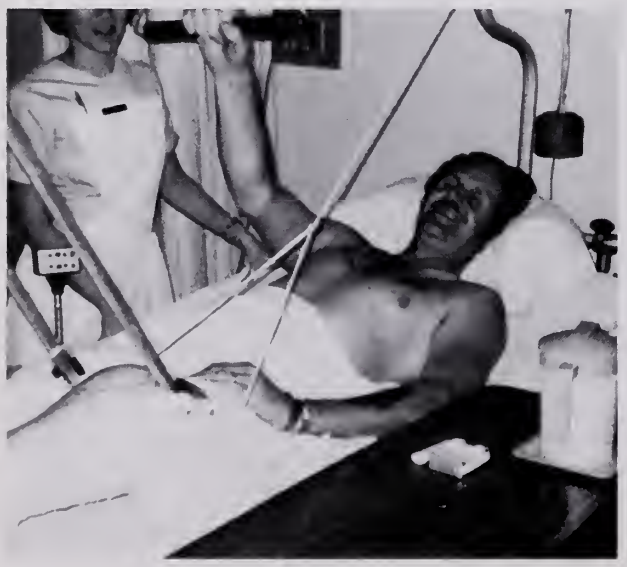
Med-Surg III and IV

Mrs. Pauline King, RN, instructor.

The head bone's connected to the neck bone.

Are you sure you've got it?

We're going for a walk now.



She never lets me rest!

It's got to be here somewhere!

Mrs. H. Ragland, RN, Head Nurse
CII

Mrs. Williamson, RN, Head Nurse
ICU

Who's got the notes from yesterday's class?

Hold still, I can't see.

This is better than reading their writing.

This won't hurt me a bit!

Mrs. Underwood, RN, Head Nurse, South III.

See what class does to us?

And this fits here. Got it?

Mrs. Edwards (''Mullens'') former Head Nurse, Central IV.

Share those Learning Experiences!!

Flirting with the snowman?

Caught ya, didn't we?

This is how we do it here.

This is the way to prevent arthritis?

Where are the emergencies?

It's time for physical therapy.

Relaxing after hours!

He did call! She's going to marry him!
What a nice girl he's getting!
Wish he could see her through my eyes.
Gosh, it's Spring!
She swears she doesn't know a thing.
Wow, Cholecystectomy, Cardiomegaly,
She knows that now -
She'll be fine, I know! I've
walked every mile with her.
She's all through now,
And those once strange faces are so hard
to walk away from . . .

Activities

Kathy Evans, new SGA president, getting "pinned" for the job.

What should I say next?

SGA

Only the very elite.

SGA Officers

Sitting, L. to R.
Lee Howard - Parliamentarian
Kathy Evans - President
Wayne Weatherly - Vice Pres.
Linda Baggett - Recording Sec.
Joetta Cutler - Corresponding Sec.
Emma Ellis - Treasurer

SGA Welcomes Freshmen With Picnic

Spiked punch? . . . no chance.

You're not getting in front of me.

Can't beat a job like this!

A happy Thomas presides over the picnic.

Who ate all the food?

Watch those calories!

Freshmen Capping Party

Handle with care. This side up.

Is this my cap?

I finally got it.

You're going to need this!?

Hope it's permanent press.

This uniform is already getting tight.

Halloween Party

Someone's slip is showing, Cindy.

My, what big hips you have, Grandma!

Trick or Treat?

We always knew Vicky cheated on her husband.

Such nice down-home folk.

Whoops! She missed the church.

Christmas Party

Just what I needed!

So where is my present?

Either I've gained weight or my sleigh has shrunk.

It must be a beauty contest.

Same Old Gang again!

Shaking this one doesn't help.

PORTSMOUTH PUBLIC LIBRARY
601 COURT STREET

Christmas Party

Is everybody happy?

Santa gets presents, too.

A Star Is Born

He's sneakier than you think.

I don't get no respect!

We wish you a merry Christmas.

Mrs. Warrington - Advisor

Terry Hogue - Editor

Joetta Cutler; Laura McAndrew - Co-Editors

Jeanie Barrow - Treasurer

Emma Ellis - Corresponding Secretary

Bobbi Broughman - Secretary

Bonnie Nuckols

Linda Baggett

Nancy Stamper

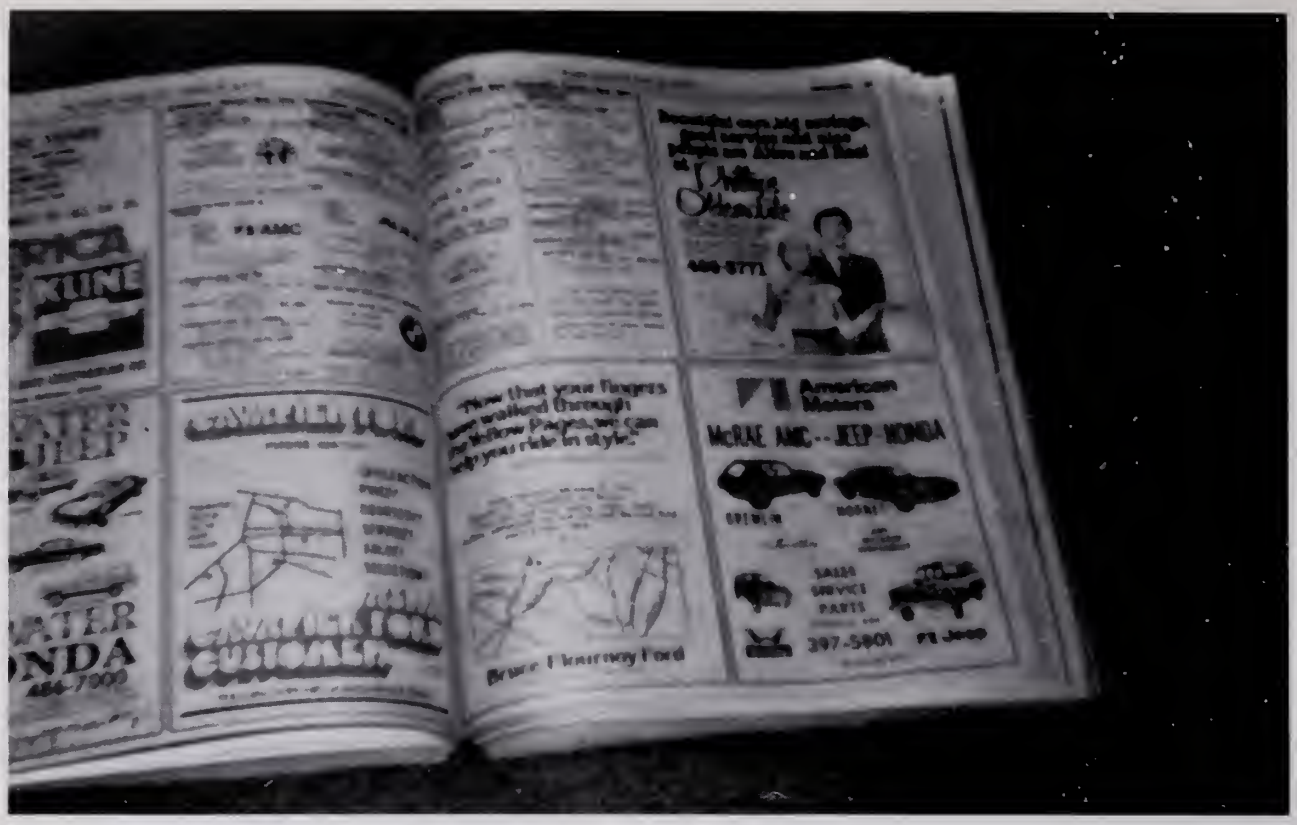
Norma Pond - Ad Chairman

Linda Free

A thank you is extended to Judy Simmons and Ron Farley for their contributions. A special thank you to Mrs. Warrington for her many hours spent working with the annual staff.

Sincerely,

The Lamp



She takes me off for the last time.
Gee, I'm tired.
She sets me gently in her trunk.
I'm a part of her life that's all over now.
But as much of her feet are imprinted
in me.
These days are part of her soul -
Something to remember,
and laugh at,
and wish it could be like this again.

- Judy Simmons

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From

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Be strong
We are not here to play
to dream, to drift
We have hard work to do
and loads to lift
Shun not the struggle
face it: 'tis God's gift.

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I have promises to keep
and miles to go before I sleep
and miles to go
before
I
sleep
— Robert Frost